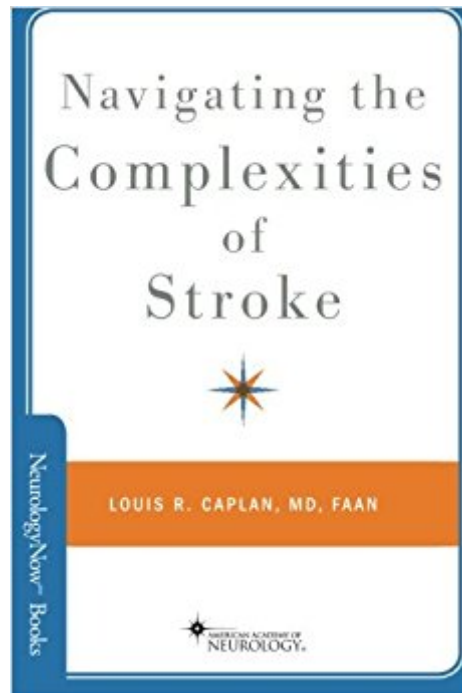




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# Navigating The Complexities Of Stroke (Neurology Now Books)



## Synopsis

Strokes afflict thousands of people every year. Yet, for every fatal case, many more victims survive, often going on to live long, productive lives. Of course, none of it is simple-not preventing a "brain attack," nor survival, rehabilitation, or living with cerebrovascular disease. The key is education, for both the moment of crisis and the long term. *Navigating the Complexities of Stroke* provides a practical guide for the lay public and medical professionals. Dr. Louis R. Caplan, one of the world's leading experts, guides readers through the subject in a straightforward and accessible manner. He examines the anatomy of the brain, explaining the specialized functions of different regions, and describes the flow of blood from the heart. He turns to the mechanics of the stroke itself, clearly discussing the complexities of the two major kinds-the ischemic and hemorrhagic-and the resulting damage. Most helpfully, Caplan offers information and advice that readers will find immediately useful: the medical conditions and other factors that create risk, stroke symptoms, abnormalities that doctors look for, tests available to evaluate strokes, complications and disabilities that can result, and the paths of treatment and rehabilitation. He offers real-life cases of victims and their families that demonstrate successful recovery, but also reveal the sometimes troubling impact of strokes on survivors and their families, who can suffer frustration and demoralization that the medical profession often overlooks in its biological focus. Caplan also examines strokes in children and young adults, who are often neglected in literature that is largely aimed at seniors. *Navigating the Complexities of Stroke* empowers victims, families, and general medical providers. It puts in readers' hands the knowledge necessary to avoid strokes, address them quickly, and effectively recover, so they won't lose heart when it is needed most.

## Book Information

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## Customer Reviews

"A practical resource recommended for medical professionals and laypeople alike." - Library Journal  
"From the first pages of this comprehensive guide to strokes, families will feel they're in expert hands. ... A valuable book." -- Karen Springen, Booklist  
"Navigating the Complexities of Stroke [is] an important too in raising awareness about the signs and symptoms of stroke and in helping patients be proactive in their post-stroke care." -- Lisa Shulman, M.D., professor of neurology at the University of Maryland, Neurology Now  
"Caplan offers insight and advice that readers will find helpful and informative... Furthermore, Caplan examines the rare instances of stroke in children and young adults, a subject often overlooked in health literature about stroke." -- HealthCanal

Louis R. Caplan, MD, FAAN, is Professor of Neurology at Harvard University and Senior Neurologist at Beth Israel Deaconess Medical Center, Boston. He has written or edited forty books, including Stroke and The Effective Clinical Neurologist.

I have just started reading it. It is well-written, but details (terminology) may be a tad deep for the average reader, unless the reader is really interested in studying to learn about strokes.

For anyone dealing with the consequences of stroke: stroke survivors, family members and friends of stroke survivors, medical professionals treating patients affected by stroke, this is a must read book. Dr. Caplan creates a good clinical explanation of what happens, and why, during the cerebral vascular accidents referred to as Stroke. Reading this book will definitely increase your knowledge and medical vocabulary, as it relates to the condition of Stroke. It's not a light read, but a must read.

The supplier of the book is excellent. Best supplier in my experience. Deserves five stars. The text is excellent; several very complex sections; not for the "easy reader." Best stroke information around. Readers need to be interested in or to have experienced stroke. Therefore "attender" would benefit from the read.

This was the most instructive book about stroke that I've read -- and I've read everything I can find about stroke over the past few months. It helped me make sense of some of the things I've experienced.

My husband had a stroke eight years ago and he is reading it and says it is pretty easy to understand for someone who had a stroke and has cognition problems.

The book was full of needed information. From one of the top one hundred neurologists in the country. Dr. Caplan is the go to guy.

we all need one

This is a very detailed book on the types of strokes, how they affect the brain, and prognosis. If you or someone you know has suffered a stroke, this book it's for you.

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